

# ETHOS

DELICIOUSLY DIFFERENT

## COLD

ROASTED CAULIFLOWER W. SWEET MUSTARD & CAPERS GF, VE

HERITAGE TOMATO, W. AVOCADO & LOTUS ROOT GF, VE

SWEET POTATO SALAD W. ROASTED PEPPERS, CHICORY  
& SORRELL YOGHURT GF

BUTTERNUT SQUASH & FETA GF

GOOD GREEN SALAD W. SUGAR SNAPS & CHICKPEAS GF, VE

BROCCOLI & CHERRY TOMATO VE, GF

APPLE & FENNEL SALAD W. CARAMELIZED PISTACHIOS VE

## DIPS

ETHOS SPICY KETCHUP GF, VE  
BEETROOT YOGHURT W & MINT GF, VE

GUACAMOLE GF, VE

HUMMUS VE, GF

SMOKED BUTTERBEAN DIP VE, GF

MARINATED OLIVES W. ARTICHOKE HEARTS GF, VE

GF: Gluten Free VE: Vegan

## HOT

JAPANESE MISO GLAZED ROASTED AUBERGINE GF, VE

CORN ON THE COB W. VEGAN BUTTER, CHILLI & SPRING ONIONS GF, VE

PANEER IN SPICY SAUCE GF

SPRINGTIME SCOTCH EGG

THAI SWEETCORN FRITTERS VE

SAUTE POTATOES W. SPICES VE, GF

ASIAN RICE GF, VE

QUORN LASAGNE

SWEET POTATO FRIES VE

CHICKPEA & COCONUT CURRY VE, GF

DAUPHINOISE POTATO GF

MASCARPONE, BROCCOLI & CHERRY TOMATO QUICHE

SAMALE

PITTA BREAD W. HERBS