

# ETHOS

DELICIOUSLY DIFFERENT

## COLD

ROASTED CAULIFLOWER W. SEMI-SUNDRIED TOMATOES & CAPERS GF, VE  
KIWI AND KALE, POMEGRANATE, LOLLO ROSSO & BLUEBERRY DRESSING GF, VE  
MARINATED TOFU & MANDARIN SALAD W. BROCCOLI & RED PEPPER GF,VE  
MARINATED BEETROOT, GOAT'S CHEESE & TRUFFLE SALAD GF  
PESTO PASTA SALAD WITH CHERRY TOMATOES  
BUTTERNUT SQUASH & FETA GF  
BROCCOLI & CARROT W. CURRIED CASHEW CREAM GF, VE  
GOOD GREEN SALAD W. SUGAR SNAPS & CHCKPEAS GF, VE  
SUPERFOOD QUINOA SALAD VE  
TRUFFLE HERBED POTATO SALAD BY MARK REINFELD GF, VE

## DIPS

BEETROOT YOGHURT W. TARRAGON & MINT GF, VE  
GUACAMOLE GF, VE  
PEA & MINT HUMMUS VE, GF  
MIXED BEAN DIP W. HARISSA & SMOKED PAPRIKA GF, VE  
RAINBOW SLAW BY MARK REINFELD VE ?  
MARINATED OLIVES W. ARTICHOKE HEARTS GF, VE

GF: Gluten Free VE: Vegan

## HOT

JAPANESE MISO GLAZED ROASTED AUBERGINE GF, VE

SPRINGTIME SCOTCH EGG

HALLOUMI BITES

BEETROOT ARANCINI

QUORN LASAGNE

SWEET POTATO FRIES VE

CHICKPEA & COCONUT CURRY VE, GF

JEWELLED BASMATI W. POMEGRANATE, ALMOND FLAKES GF, VE

SPICY PANEER GF

ASPARAGUS, LEEK & ONION QUICHE

COURGETTE & TOMATO RISOTTO GF

PISTACHIO ENCRUSTED TOFU VE

GF: Gluten Free VE: Vegan