

Sunday Brunch

POACHED EGGS (DF)

6.5

Two free range poached eggs & avocado on toast. Gluten free toast available upon request

SCRAMBLED EGGS

6

Completely dairy free - Choice of:

1. *Sweet potato & onion crackling, avocado (DF)*
2. *Crumbled feta, coriander & pumpkin seeds (GF)*

Add toast or gluten free toast 1.5

PORRIDGE (GF, VE, DF)

5

Creamy gluten free oats made with almond milk. Your choice of:

1. *Raspberry, maple & almond (SF)*
2. *Banana, chocolate chip & walnut*

ON THE SIDE 2

Avocado, mushroom, poached egg

KALE & SWEET POTATO BREAKFAST HASH (VE, GF)

8.5

Sautéed in coconut oil with organic scrambled tofu, turmeric & spices

PANCAKES (GF)

6.5

Light & fluffy pancakes.

Your choice of toppings:

1. *Blueberry & Greek yoghurt (SF)*
2. *Banana, chocolate chip & walnut*

Pancakes take min 8-10 minutes

OMELETTES (VE, DF)

6.5

1. *Sun-dried tomato, avocado & Cheddar*
2. *Truffle, spinach, mushroom*

Egg white omelette on request + 1

AVOCADO TOAST

4.5

Gluten free toast available

GF: Gluten Free VE: Vegan DF: Dairy Free SF: Refined Sugar Free

All our eggs are free range – The above prices are inclusive of VAT – Dishes may contain traces of nuts and flour
Please let us know if you have any allergies or require information on ingredients.

All items may contain ingredients not listed on the descriptions.



ETHOS

DELICIOUSLY DIFFERENT

COLD SELECTION

BRUNCH CLASSICS

Bloody Mary – the classic brunch cocktail	8
A bloody shame (... a.k.a. “Virgin Mary”)	4.5
Mimosa – prosecco & fresh orange	8

SUPERFOOD SMOOTHIES

“Detox” superfood green smoothie	4.9
<i>Spinach, kale, apple, pineapple, lemon, ginger, spirulina, chlorella, wheatgrass, barleygrass</i>	
“Energy” superfood berry smoothie	4.9
<i>Strawberry, spinach, banana, raspberry, blueberry, blackcurrant, guarana, maca, flax, cacao</i>	
“Defense” superfood tropical smoothie	4.9
<i>Pineapple, mango, papaya, banana ginger, goji, baobab, flax, sunflower & pumpkin seeds</i>	

JUICES

COFFEE

COLD PRESSED from PRESS

Kale, spinach, Pear	4.9
Beet, apple, lemon, ginger	4.9
Apple, strawberry, lemon	4.9

REGULAR

Carrot apple ginger	3.3
Kiwi pear apple	3.3
Passionfruit pineapple guava	3.3

Flat white : Latte : Cappuccino	
Espresso : Americano : Macchiato	
From	2.20
Matcha latte	3
Bullet proof coffee	3.9
Real hot chocolate	3.5
Chai latte	3.5

Milks: regular dairy, skim, almond (50p), coconut (50p), soy (40p)

TEA SELECTION

English breakfast	2	Chamomile	2.5
Earl grey	2	Peppermint	2.5
Fresh mint	2.8	Lemongrass & ginger	2.5
Green	2.5		