

ETHOS

DELICIOUSLY DIFFERENT

COLD

ROASTED CAULIFLOWER W. SWEET MUSTARD & CAPERS GF, VE

HERITAGE TOMATO, W. AVOCADO & LOTUS ROOT GF, VE

SWEET POTATO SALAD W. ROASTED PEPPERS, CHICORY
& SORRELL YOGHURT GF

BUTTERNUT SQUASH & FETA GF

GOOD GREEN SALAD W. SUGAR SNAPS & CHICKPEAS GF, VE

BROCCOLI & CHERRY TOMATO VE, GF

APPLE & FENNEL SALAD W. CARAMELIZED PISTACHIOS VE

DIPS

ETHOS SPICY KETCHUP GF, VE

BEETROOT YOGHURT W & MINT GF, VE

MEXICAN SALSA GF, VE

HUMMUS VE, GF

SMOKED BUTTERBEAN DIP VE, GF

MARINATED OLIVES W. ARTICHOKE HEARTS GF, VE

GF: Gluten Free VE: Vegan

HOT

JAPANESE MISO GLAZED ROASTED AUBERGINE GF, VE

CORN ON THE COB W. VEGAN BUTTER, CHILLI & SPRING ONIONS GF, VE

SPRINGTIME SCOTCH EGG

THAI SWEETCORN FRITTERS VE

ASIAN RICE GF, VE

QUORN LASAGNE

SWEET POTATO FRIES VE

CHICKPEA & COCONUT CURRY VE, GF

MACARONI CHEESE & FRIED AUBEGINE

ARANCINI

PUY LENTILS WITH ROOT VEGETABLES VE

PITTA BREAD W. HERBS

GF: Gluten Free VE: Vegan